Summer Activities

Welcome to Warriors' Path State Park! We hope you will enjoy your visit! While you are with us, we invite you to take advantage of the rich natural beauty and wealth of opportunities for enjoyable recreation here at the park.

PARK PROGRAM STAFF:

Cayce Harper, Nicholas Scar borough, Marty Silver

MONDAY, JULY 2

- **5:00 PM** NATURE PATTERNS Natural places are full of discovery! Come find some of the delicate patterns that make our land so beautiful. Meet at the main bath house.
- **6:00 PM RIDGELINE HIKE** Come hike the high ridges to get a new view of our park. Enjoy the ancient forests, the excitement of wildlife activity, and the peace of the deep green woods. Meet at the camper-check in station, and we'll carpool.
- **8:00 PM TWILIGHT HIKE** As our day is winding down, many animals are just waking up. Come join us for a cool walk through the woods to look for signs of evening "critters". Meet at the main bath house

TUESDAY, JULY 3

- **10:00 AM BIRD'S EYE VIEW** Take a hike to the Overlook and look at our world from a different perspective. Don't forget your camera! Meet at the camper check-in station, and we'll carpool.
- 11:30 AM KNOT-TYING With a bit of rope and a bit of practice we can create some useful and good-looking knots! Meet at the Open Air Chapel to find out more about this important outdoor skill. In case of rain, meet at the main bath house.
- **1:00 PM HIKE LAKE HOLLOW** Enjoy a leisurely hike through the Lake Hollow Trail, and explore some of the unique habitats our animal neighbors call home. Meet at the camper check-in station.
- **2:00 PM** NATURE RUBBINGS Let's "rub up against" some nature discoveries. Create a lasting reminder of nature's amazing textures. Meet at the Open Air Chapel, or pool entrance if it is raining.
- **3:00 PM ENERGY HOGS -** Burn some energy by searching for energy sources in the park, and discover how you are connected to it all! Meet at the main bathhouse.
- **4:00 PM SEED RACES** Wind, water, and animals carry seeds of new trees and plants all across the land. Our "wind" can help too! Meet at the Open Air Chapel to show off your "hot air" and plant some new life. Meet at the main bath house if it rains.



TUESDAY, CONTINUED:

- **7:00 PM**MEET THE OWLS Meet some real live feathered hunters. Come to the Open Air Chapel and see "whoo..." is waiting for you. If it is raining, meet at the main bath house.
- **8:00 PM FLOWER MAKING -** We love flowers, but we hate that they die so quickly! Join us at the main bathhouse to make your own flowers that will never wilt!
- **9:00 PM NIGHT HIKE TO SINKING WATERS -** It's a whole different world out there at night! Tonight is our chance to discover the peace and the excitement of a night in the Sinking Waters wetland. Bring a dim flashlight and drive to the camper check-in station. We'll carpool out to the park back country.

WEDNESDAY, JULY 4 ☆☆☆ Happy Birthday USA ☆☆☆

- **9:30 AM GOOD MORNING U.S.A.!-** Come wake-up to a full day of Patriotic events by taking a leisurely morning stroll on the campground's trails. Meet at the Camper Check-In Station.
- **10:30 AM FIELD GAMES -** These games get you moving! Wake up with some fun this morning. Meet at the Open Air Chapel, or meet at the main bathhouse if it rains.
- **HOMEMADE ICE CREAM** There's nothing better on a hot afternoon than some homemade ice cream! And there's no better way to work up an appetite than to turn the crank on an ice-cream freezer! Meet at the campfire circle, east end of the campground, or main bath house if it is raining.
- **1:30 PM DIZZY BAT RACE -** It's time for a spinning good time! Meet at the Open Air Chapel to "round out" all the fast fun!
- **2:30 PM TENNESSEE "JEOPARDY" -** Let's try out this natural version of the famous game show. Test your skills and see how much you REALLY know about our state. Meet at the Open Air Chapel, or main bath house if it is raining.
- **4:00 PM CORN HUSK CRAFTS** The early settlers along the Warriors' Path couldn't afford to waste anything! Even old corn husks could become a doll or toy. Meet at the Open Air Chapel to try this old-time craft. If it's raining, meet at the main bath house.
- **5:30 PM SOFTBALL** Take me out to the ball field! Meet at the camper check-in station, and we'll walk on over to the field. We have all the equipment, just bring yourself!
- **7:00 PM FINGER-PAINTING** It's wet and slippery! It's bright and colorful! Let your fingers do the painting at the main bath house.

THURSDAY, JULY 5

- **9:30 AM FOOTPRINTS IN THE SAND** Come walk along a little beach to read stories in the sand. It's a perfect place for animal tracks! Meet at the main bath house for a short walk
- **10:30 AM DREAM CATCHERS -** Let's make these "catchy" little decorations, inspired by Native American craft. Meet at the main bath house.
- 11:30 AM JUNIOR RANGERS: TRAIL CLEANUP Make our park a cleaner, healthier environment! You'll make a big difference for our earth, and begin to earn your Junior Ranger badge. Meet at the main bath house. Be prepared to get dirty!

THURSDAY, CONTINUED:

- **1:00 PM SUMMER SONGS -** Summer days are full of the sounds of birds, crickets, and more. Let's listen closely to summer sounds, and learn to hear their messages. Meet at the main bath house.
- **3:00 PM** NATURE JOURNAL Come create your own little "nature diary." Your homemade book will be a perfect way to remember all your nature fun in the park! Meet at the Open Air Chapel, or the main bath house if it is raining.
- **4:00 PM DUCK ISLAND BIKE RIDE** Meet at the camper check-in station and we'll pedal on down to Duck Island! See what the lake is like now, and find out about the river it used to be. Note that ALL riders MUST wear a bicycle helmet! Children 10 or under must be accompanied by an adult!
- **5:00 PM 4-LEGGED FRIENDS HIKE -** Let's go hiking with our puppies! Bring your dog along on this easy hike through the woods. Note that all dogs MUST be on a leash! Meet at the main bath house.
- **G:00 PM JUNGLE JEWELRY -** If you want to make necklaces and bracelets with natural objects, then this is the program for you! You'll get to learn fun ways to control those invasive species that try to take over our homes and gardens. Meet at the main bathhouse for this fun activity.
- **7:00 PM**NATURE GAMES Don't miss the natural fun for the young or the young-atheart! Meet at the Open Air Chapel for some lively games about our natural world. If it's raining, meet at the main bath house.
- **8:00 PM WHAT YOU EAT -** You are what you eat! See how much you know about your food as we discover what animals eat in the park. Meet at the main bathhouse.
- **9:00 PM DRAGONFLIES -** These fascinating insects have some amazing life stories to tell. Come enjoy a slide-illustrated talk about these "bugs" that zip through the summer skies. Meet at the Open Air Chapel, or the pool entrance if it's raining.

FRIDAY, JULY 6

- **9:30 AM WETLAND WALK** Wetlands are wet, and full of life! Come along for a soggy hike near Fall Creek, on the far side of the Devil's Backbone. We might even spot a few dragonflies! Drive to the camper check-in station, and we'll carpool.
- 10:30 AM RIVER BRUNCH Join us for a leisurely walk along the Lake Hollow Trail. We'll be picnic-brunching by the river, so be sure to bring your own light meal! Meet at the main campground bath house.
- **12 NOON NATURAL FUNNIES** Discover how nature can tickle your funny bone by creating your own comics. Meet at the Main Bath house.
- **2:00 PM JUNIOR RANGERS: THE INCREDIBLE JOURNEY OF WATER -** Do you know where your water comes from? This activity combines beadwork with a dice game that allows you to create a beautiful bracelet of where your water has traveled! Meet at the main bathhouse.
- **4:00 PM TAG** You're it! You're the one we need to make all these great tag games work. Meet at the Open Air Chapel for all kinds of tag games. If it is raining, meet at the main bath house.
- **5:00 PM UN-NATURE HIKE** There are some unnatural things living in the woods. Discover what and where they are on this fun scavenger hunt-style hike along the campground trails. Meet at the Open Air Chapel.

FRIDAY, CONTINUED:

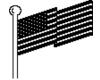
- **7:00 PM TRACKING** Find out how to be a "wildlife detective" how to read the tracks, dens, and other signs of our fellow creatures. Meet at the Open Air Chapel, or main bath house if it is raining.
- **9:00 PM CAMPFIRE** What a perfect combination: A dark night, a crackling fire, and some local, traditional ghost tales. Meet at the campfire circle, east end of the main campground. If it is raining, we'll have an indoor "campfire" at the pool entrance.

SATURDAY, JULY 7

- **9:30 AM FALL CREEK LOOP TRAIL** -Let's hike the park's most scenic trail! Enjoy beautiful vistas of the summer fields, as we search for signs of the unique habitats in the open country. Drive to the camper check-in station, and we'll carpool to the start of a two hour hike.
- **1:00 PM** MAGNIFYING GLASS HIKE Use your eyes and some handy little magnifiers to get a close look at nature's amazing details. Meet at the main bath house to begin a short discovery walk.
- **3:00 PM NOISY TOYS** How did the pioneer children make music or noise? Make your very own "musical" instrument with a few simple things from nature. Meet at the Open Air Chapel to create some "beautiful music." In case of rain, meet at the main bath house.
- **4:00 PM GIVE AND TAKE -** Make sure you give enough, but don't take too much! Come to the main bathhouse for an old game with a new spin.
- **5:00 PM WASTE KNOT -** Where does our trash go? Let's see if we can track it! Meet at the main bathhouse for an eye-opening experience.
- **9:00 PM DINOSAURS' PATHS -** Dinosaurs didn't only leave behind bones! Come to the Open Air Chapel for a slide-illustrated discussion about more clues to the dinosaurs past.

SUNDAY, JULY 10

9:30 AM WORSHIP SERVICE - Enjoy a peaceful morning worship service at the Open Air Chapel, or at the pool entrance if it is raining. Sponsored by the Colonial Heights Baptist Church.



SPECIAL NOTE: Please remember that fireworks, firecrackers, etc. are **not permitted** in Tennessee State Parks. Thank you for helping to keep it a *safe* July 4th celebration!



